PRAISE AND WORSHIP:

the difference

In conversation about religion, someone once questioned the value of praise and worship and their inability to interpret the difference as for most of us, they are one in the same. However, we rationalize that these are two different terms having similar definitions but yet, there is expectation of some denotable differences. It seems that mere observance in the dictionary, we find that one term, worship, is the heartfelt value of someone or something, whereas, praise is the means by which you express your respect or honor. Since these are both established as biblical terminology we are able to then direct our attention onto God. God is the reference point and focus of our praise and we are then worshiping in the church or in a religious state of emotion as we become impassionate. Worship then stems from the adoration one feels toward God and the strength or intensity of this emotion comes out during our times of praise and reverence of him.

Praise is a path to internal restoration as it leads us to refocus onto our spirit and the heightened sense of God's presence and impact upon our spiritual lives. It is a emotional thought which transforms as a spiritual weapon against our enemies. These enemies can be representative of people, what are believed to be demonic spirit attacks, ghost, diablos etc....

There is believed to be 3 types of praise:

1. personal praise
2. effort-based praise
3. behavior praise

Praise is deemed as a means for honoring, uplifting, and bolstering the magnitude and emphasis of God and God's love. It is in recognitions and thanks for our belief that his spirit lives on around and within us and for the suffrage of his son Jesus as he is said to have died for the sins of the world. We, the people, are of and in the world.

This outward display of affection and affinity is responsive to our biblical commitment to living our lives based upon the biblical doctrine, the words of the good book, and most urgently of our heavenly Father. We show appreciation for the words and his guidance bestowed upon us in honor and truth for he is our creator, provider, sustainer, and savior.

We praise him before, during, and after we incur situations both good and bad, which impact our lives and our person as often we relies upon the freedom his love and text gave us in knowing it is his presence and abiding love that guides us and grants us peace despite the outcome.

As praise can be both private and public, it is steamed in prayer, clapping, singing, dancing, raising hands, bowing, instrumentation and other forms as we express one unto another the heart felt hope of favor, healing, of connectivity, of God upon our lives. This generates a demeanor, personality, personal habits that convey this same appreciation for him and the people surrounding us. Outside of church (s), there is no specified time or place for which this intimate expression may fall upon people who are tightly bound to his presence.



It forces believers to be free from the burdens others hold onto wearily in emotional pain and unhappiness that can seep outwardly from our personal selves. Psalm 100:4 states: "Enter HIS gates with thanksgiving, and into HIS courts with praise" and Psalm 150:6 (NIV) says, "Let everything that has breath praise the LORD. Praise the LORD."

After we 'praise him' we are inspired in good practice, to rest assured that in his time things will change in goodness and faith for our good.

Historically, one can best relate the concepts of Praise and Worship onto the biblical text inside the book of Psalms. Here we find the believers of God are encouraged to praise and magnify his name. Within Revelations is the glory of angels and other heavenly bodies who are said to worship and honor God. These are reference, examples, encourage for believers to mimic or replicate the freedom to, as earthly beings, acknowledge our beliefs and affirm the sense of spiritual connection regarded in each holy book. The bible teaches us the basic of expressing appreciation of him. This, however, is a question of both religious uptake and character as it is bi-leveled as self assertion of those who abide in him as wisdom, knowledge, and the source of what is good and perfect of us in life. In turn, it is interpreted that he too abides in the praise from his people.

Forms of Praise

Praise is the inspiration of worship. Praise is the precursor to worshipping. Understanding the depth of who God is, is the provision, the ignitor into worshipping him.

In concert, as one, believers acknowledge God and his son Jesus sacrifice through church experience, biblical studies, historian research, or short lessons throughout life. This can be personal, yet, a harmonious journey of many who function on one accord, to learn about this sacred man and his father.

In concert, we praise and worship them and him through use of words, words and song, dancing, and giving reverence in shouts, hands formations, bowing, or tears in mere silence. Though most of us use the outward expressions most of the time it is too personal as we then worship him and the very hearing of his name as a gift of thanks for urging the spiritual provocations in freedom and release. We release the aggressions of life, troubles of the world, personal problems, stress of life, as we believe we are experiencing the presence of him or some alternative metaphorical phenomenon inside and around us. The change sets in.

Do I sound like a believer of God or some foreign entity, deity? Must I be to understand and interpret the motions of Christians, Catholics, Non-denominational



sensation etc.....? This is not a testimonial based document, however, a simplistic chance at explaining the basics of God, religion, praise and worship.

There is nothing comparative to a fantasy as in the understanding of Jesus atoning blood taking away sin's grip on us and leaving us with the freedom to resist it. We partake of communion in remembrance of this very act and renewing of our ability to wash away the sin within our spirit. We as religious participants are enabled to come to the alter. The alter is a place of special askance of God in relieving us from our desire to sin and fight against the demonic grip upon our lives. As one walks away it is to be glorified with a feeling of release as we relinquish the internal anguish unto God and not continue to walk in strife and stress alone.

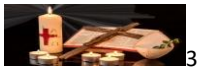
Altar in the bible reflects onto the commemoration of worshiping idols. In Genesis we find God has commanded Jacob to build an altar. Jacob then rids of all false idols and builds this altar in Shechem.

The altar is the place of decision reflective upon the undertaking of joining in belief in-action, and walking in life along the path God has predestined us to. This is a designated zone in a house of worship were people can honor God or their deity of choice, as it is a sacred place for sacrifices and gifts. Worship here in the fullness of his love and abundance of peace as one trust in his guidance, through spirit and words, for living the best life.

Putting our focus on him

It is fair to come to others of faith and express your inability to distinguish what you yourself truly believes as often we are inundated with the thoughts, understanding, teaching, emotions of others. As the bible text tells us that Jesus expressed "I am the way, the truth, and the life", it is not an easy task to implement such intense belief into ones self. Acknowledging one's need for religion or faith is the beginners path to God. Belief of the true God and not one of construct of our own self satisfaction nor that of cultish or alternative religious teachings. To walk in light, talk in light, and follow this pattern of thinking is not easy against our fleshly interpretation of self, deity's, or giving our thoughts and self into a spiritual, seemingly ghostly being.

In this act, we must get out of the way of God and his good intentions toward us as a personal sacrifice. Whereas this life upon earth can also impress upon us the negative connotations associates with honoring the illusion of 'beings' and senseless intentions of dependency upon ghost or non-existent forms in our lives. It is a choice and in choosing we are encouraged to fully evolve into truth and understanding of who God is and how he affects our lives and our thoughts of goodness one unto another.



In times of difficulty, in the face of pain and loss it is much easier to render the existence of deity's as often as we as people seek an outlet a release from the turmoil inside of us. When crying out, inner or outward yelling, dependence upon someone, that something outside of ourselves is comforting. That someone who doesn't conform to the likeness of others, but, rather understands how we feel deep inside without hesitation, explanation, or criticism captures our hearts and takes over our minds in relief. Those thoughts and actions of good and bad can only be expressed quietly to him, God, as others judgment can be harsh. Here we are also humbled and forced onto reckoning ourselves within the boundaries of God's beliefs of how best to conduct ourselves one unto another. And, the responsibility befallen us inside the death of Jesus his only son. Hence the celebration in maturity, peace, and love of who God is and what he has done begins.





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